



**In Attendance:** See Sign In Sheet.

**1. Welcome/Introductions-** Adam Bledsoe

**a. Welcome** Dr. Betancourt, ArCOP Executive Director

**Funding**

DHS SNAP ED  
Food Insecurity Nutrition Incentive  
Arkansas Rural Health Partnership  
Natural Wonders

**Programs**

DUFB  
Growing Healthy Habits  
Growing Healthy Classrooms  
Growing Healthy Communities  
Cooking Matters  
Mayors Mentoring Mayors

**Staff:**

Ashleigh Story – Healthy Education Coordinator  
Jeremy Adams – DUFB Project Manager  
Steve Powell – Health Outreach Coordinator

**b. Introduction of BOD-** Sarah Powell

Chair: Sarah Powell  
Chair Elect: Jennifer Conner  
First Vice Chair: Km Boren  
Second Vice Chair: Taniesha Richardson Wiley  
Past Chair: Andi Ridgeway  
Secretary: Vanessa Krause  
Fiscal Chair: Becky Adams  
Advisory Chair: Kim Borden

**c. Advisory Committee-** Kim Boren

**Members Include:**

Dr. Bala  
Vanessa Krause  
Amy Routt  
Daphne Gaulden  
Emily English  
Derek Lewis  
Kenya Eddings  
Trudy Redus  
Kimberely Boren

**2020 Advisory Committee Meetings:**

Apr 2 1-2 pm at Freeway Medical Room 902  
Aug 6 1-2 pm at Freeway Medical Room 902  
Nov 5 1-2 pm at Freeway Medical Room 902

## 2. Strategic Plan- Adam Bledsoe

- a. **Overview** – Katrina Betancourt
- b. **CHOICES** – Dr. Adams
- c. **Better Together**- Jamie Ward
- d. **DUFB** – Jeremy Adams

Check our DUFB Stores/Markets times and locations on our website.

- e. **Growing Healthy Produce** – Ashleigh Story
- f. **Growing Healthy Awareness** – Steve Powell
- g. **Arkansas Farmers Market Association** – Dr. Betancourt

Next AFMA meeting 2/21 10-3 lunch provided. RSVP on ArCOP website.

## 3. Lunch and Networking

## 4. Upcoming Events- Adam Bledsoe

### a. Podcast 2020- Amy Routt

Feb – How to Start a School or Community Garden

Mar – Preschool Gardens and the Outdoor  
Classroom

Apr – Adverse Childhood Experiences

May – The Importance of Healthy Food and Activity  
for Stroke Prevention

Jun – Accessible Farmer's Markets

Aug – Breastfeeding: The Link to Obesity Prevention

Sep – Healthy Aging: Accessible, Nutritious Foods &  
Activity

Oct – Accessible Trails in Arkansas

Nov – Healthy Eating and Adaptive Cooking Matters

Dec – Policy Agenda for 2021 Legislative Session

### b. Coalition Meetings- Sarah Powell

Apr 27<sup>th</sup> 1pm – 3pm Fletcher Library

Jun 27<sup>th</sup> 1pm – 3pm Fletcher Library

Sep 26<sup>th</sup> 1pm – 3pm Fletcher Library

## 5. Celebrating GHC Awards – Dr. Conner

### a. Growing Healthy Classrooms – Ashleigh Story

Mountain Home School District

North Little Rock School District

Ozark School District

### b. Growing Healthy Communities – Taniesha Richardson-Wiley

#### Emerging Communities

Living Well Together

CAPA Connects

White County Cares

LIFE Coalition

Miller-Bowie Health Coalition

Drew HEALTH

Bradley County Hometown Health Coalition

Little River Wellness Coalition  
HEALTH Coalition

**Blossoming Communities**

Growing a Healthy Charleston  
Van Buren County Wellness Committee  
Springdale Coordinated School Health  
Clinton, AR  
Growing a Healthy Searcy County  
Lavaca School District  
Growing a Healthy Magazine  
Growing a Healthy Carroll County  
The Scott County Hometown Health Coalition  
City of Greenbrier  
Independence County Hometown Wellness  
Cleveland County Child Obesity Workgroup  
Hempstead County Wellness Alliance  
Nashville GHC  
United Community Resources Council/City of  
Hampton  
Montgomery County Health Education Advisory Council  
Dallas County Supporting Health (DASH)/City of Fordyce  
Sevier County Coalition

**Thriving Communities**

Jasper Community Garden

**6. Wrap-Up-** Andi Ridgway

Adjourn Meeting

1. Next BOD Meeting Monday, February 24<sup>th</sup> 10-12 Fletcher Library.
2. Next Coalition Meeting, April 27<sup>th</sup> 1-3 Fletcher Library
3. View ArCOP's Calendar to see upcoming events. <http://arkansasobesity.org/news-events/event-calendar.html>

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Minutes submitted by Vanessa Krause, ArCOP Secretary