

Meeting Minutes

In Attendance: Sarah Powell, Andi Ridgway, Vanessa Krause, Katrina Betancourt, and Becky Adams.

No sure there was a motion to approve the minutes from the last meeting.

1. Officer Elections for 2021-2022 – Sarah Powell, Chair

- Chair: Sarah Powell – Nominated: Sarah Powell (will stay on for another term as chair)
- Chair-Elect: Jennifer Conner – Nominated: Jenn Conner (asked to be chair elect for 1 more year because of work responsibilities right now)
- 1st Vice-Chair (Advisory Committee): Kimberely Boren – Nominated: Vanessa Krause (VK accepted this nomination)
- Secretary: Vanessa Krause – Nominated: Andi Ridgway
- Past-Chair: Andi Ridgway – Remain vacant for the term (just fyi this will put us as an even number of voting members)

These positions will come open Jan 2021. The BOD approved the slate. Katrina will send to the membership for nominations by 12/4/20 and by 12/11/20 she will put the slate out and voting will begin.

2. 2021 Annual Meeting of the Members Planning Updates – January 25

Surveyed members – 28 respondents, received a few new suggestions. We plan to do all pre-recorded sessions, 4 learning tracks and a 5th track for ArCOP business. 4 topic areas = BE, Nutrition, Physical Activity, AFMA, etc. all in one day. Or we could break it out by audience: General Session, Community Session and AFMA instead of topic areas. On the day of the meeting, we will play recorded presentation and the speaker will be available to answer questions and enter info into chat box. 30 min educational information and 15 min Q&A for each session. Still need to identify speakers.

Topics could include:

Results from CHOICES projects can be one session.

Go NAPSACC and Better Together

DUFB

Things we have created because of COVID that will continue and people can work with and toward COVID

Learning Labs/Podcast

America Walks

Grant for healthy eating and cancer for \$40,000 AR Minority Health Commission and will look at the University District 12th Street Corridor.

AFMA – ADH Outdoor venue directives (putting document together to explain this) – Jeff Jackson (ADH) and Coop Ext.

AFMA Annual Conference – substitute their normal Feb meeting for this Annual Meeting of the Members in Jan.

Trails for Life grant is under HAA put together an application process open to communities and

organizations in communities. We can make an announcement wherever we are in the process of this.

Farm to School policy changes and any updates

Review AFMA training from last year and identify reminders that would be good to announce

No official GHC application this year. This may affect attendance this year, but educational recordings can be used for other things.

Contact Katrina to get sessions recorded.

3. Katrina ArCOP Program Updates – Katrina Betancourt

Better Together is still going on and doing well considering COVID

CHOICES will be at a point in Jan that there will be enough information to share.

4. Projects for Vanessa's Graduate Students

- Kaye Berjot, Clinical Nutrition Program – research effectiveness of DUFB program, promotional materials showing effectiveness that ArCOP could use. Communication plan geared toward funders for the markets and programs.
- Joanna Bartley, Public Health – BE or maybe something with 3M program pull it together linking health with BE for policy makers.
- Community Toolkit Presentation (prerecord topics)
- Other intervention topics, find a speaker, put together for communities
- AFMA activities they could do through farmers markets related to nutrition

Sarah adjourned meeting at 11:10 am.

Announcements

1. Next meeting is Jan. 11, 2021 10-12 BOD meeting.
2. January Meeting of the Members is 1/25/21
3. View ArCOP's Calendar to see upcoming events. <http://arkansasobesity.org/news-events/event-calendar.html>

Minutes submitted by Vanessa Krause, ArCOP Secretary