**Introduction of the Webinar Series**

Katrina Betancourt introduced the quarterly webinar topic:

Assessing Community Needs and Resources – Presented by Sarah Powell

**Meeting Welcome:** Andi Ridgway, Chair, began the meeting with a welcome and recognized first time attendees.

**Executive Committee Updates – Andi Ridgway, Chair**

* The Strategic Planning Meeting in May which consisted of the full Board of Directors yielded some By-law changes. One of the major changes included the reduction of the elected officials to seven. 2019 Officer positions include:
  + Chair – Sarah Powell
  + Chair Elect (ArCOP Strategic Planning Officer) - OPEN
  + Past Chair (Nominating Committee Chair) – Andi Ridgway
  + Secretary - OPEN
  + Fiscal Chair (Financial Committee Chair) - OPEN
  + 1st Vice Chair (Advisory Committee Chair) - OPEN
  + 2nd Vice Chair (Growing Healthy Communities Liaison) - OPEN
* Nominations for open positions are open to the entire membership. Please contact any Officer with your nomination. A Nominating Committee will be formed along with job descriptions for each position. A Slate of Nominated Officers will be brought to the October Coalition meeting and voted on immediately following.
* An Advisory Committee will be creation which will consist of many of the previous Board members who will serve as content experts to provide technical assistance to the BOD.
* Team Advisors will be provided more direction on objectives and expectations.

Growing Healthy Foods Team Report

**Double Up Food Bucks: Jeremy Adams, Program Manager**

* ArCOP has received the FINI grant with is $500,000 over the next 4 years.
* Harps project is going well and the project is being extended to October.
* DUFB is offered at 19 locations in AR beginning July 22nd
* DHS will be doing a direct mailer reaching 40K residents
* Jeremy has DUFB promotional materials

Growing Healthy Places Team Report

**Environments Built for Inclusion: Dave Roberts & Vanessa Smith**

* Dave & Katrina visited Nashville and presented on inclusivity & connectivity and conducted a walk audit. Nashville is moving forward to ensure that various areas of the town are connected via sidewalks, etc.
* Dave will be providing 2 community trainings per year for the Community Development Institute
* Vanessa has surveyed 13 DUFB Farmers’ Markets for handicap accessibility based on Education on National Council of Disability.

Growing Healthy Kids Team Report- Daphne Gaulden & Amy Routt

* Katrina reported ArCOP submitted a BCBS grant for SPARK PE in partnership with AR Dept. of Education. The target is schools, parents and community members for training across the state and some supplies will be provided.
* Katrina reported on the CATCH program which is physical activity and nutrition based for K-8 is being targeted in the Delta region. The CATCH program is being done in conjunction with the Growing Healthy Produce Mobile Market aa the participating schools and funded through DHS beginning in September. Let Katrina know if there are any schools that may be interested.

Growing Healthy Worksites Team Report: Kim Boren

* Treg Long, ACS, and Barbara Kumpe, AR Tobacco Control Coalition, presented on tobacco prevention resources for worksites and provided a toolkit and sample policies.
* Kenya Eddings has been focusing on CHELP promotion with participation rates increasing
* A water challenge is happening through August
* Association of AR Counties promote WW policies
* ADH Cancer Control & Prevention has resources to assist with mammograms for CHELP participants
* CHI St. Vincent has a walking trail on their campus
* ADH now offers a Diabetes Self-Management program through AHELP

**Mobile Markets – Katrina Betancourt**

* Mobile Market Unit initiative: Growing Healthy Produce
* There are only 2 mobile markets in AR. ArCOP mobile market is targeted in the Delta area.. Fresh to You works with farmers
* ArCOP is working on changing legislation to encourage more mobile markets
* Food Deserts: Goal is to expand from 0-6 locations including Cooking matters classes
* Delta is the target for the nutrition focused pilot with the goal of establishing capacity and consumer base for Farmers’ Markets
* Working for mobile markets to become a SNAP vendor
* Mobile market reached over 3,000 this year with total SNAP approved served 989

**Announcements**

1. ArCOP has an interactive map on the website that is underutilized.
2. All GHC’s are encouraged to work with their Mayors and elected officials to enact a GHC Day Proclamation in 2018.
3. AR Tobacco Control Coalition is hosting a membership drive. Members will receive access to trainings and materials.
4. Kerry Krell announced an HAA Ambassador Training on September 22nd in Little Rock
5. Joy Rockenbach, Associate Director of the Childhood Center on Obesity Prevention 3 phase grant to establish a research center, expansion plan and sustainability.
6. Joy would like a Growing Healthy Churches or faith based recruitment initiative for ArCOP
7. Becky Adams has resources to share: The Childhood Obesity Intervention Cost Effectiveness Studey [www.choicesproject.org](http://www.choicesproject.org)
8. Next Coalition Meeting, October 22, 2018 - ArCOP Coalition Meetings are held the 4th Monday each quarter in July, October, January and April. Each coalition meeting is offered via Zoom and the link and numbers are the same each time: Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/308132503>

iPhone one-tap: 6699006833, 308132503# or 6465588656, 308132503#

Telephone: 669-900-6833 Meeting ID: 308 132 503

1. View ArCOP’s Calendar to see upcoming events. <http://arkansasobesity.org/news-events/event-calendar.html>

Katrina adjourned meeting

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Minutes submitted by Sarah Powell, ArCOP Chair-Elect