

Participating Members: Kim Boren, Jennifer Conner, Kenya Eddings, Emily English, Daphne Gaulden, Janie Ginocchio, Sherry Johnson, Amy Routt, Trudy Redus, Joy Rockenbach, Dave Roberts, and Andi Ridgway.

Work Team Report & Updates

Executive Committee Business - Andi

Andi: Finished working on the Fiscal Management Policies and provided that information to Katrina who made a few changes/comments and once that information has been updated, Andi will send to the Board for each to review and provide feedback. Also, working on policies for the Board only and the Organization only which we will discuss more in March.

Joy: Mayor Proclamations – No update.

HAA Updates – Andi: Last month Katrina met with Miranda, Marisha and Craig and did a presentation about ArCOP. She compared and contrasted HAA and ArCOP which helps to differentiate the two organizations identity level. (Andi will send chart) Miranda and Marisha are basically the lead for HAA from ACHI and ADH. There is now a monthly meeting (1st Monday) between the two groups to work on communication and mutual activities.

Chronic Disease Coordinating Council – Andi: The CDCC will partner with APHA and the forum will be May 11, 2018 at the Crowne Plaza. There will be key speakers from the national and state level speaking on nutrition recommendations. There will also be continuing education hours available. Andi will send flyer for APHA and draft agenda to the group. For more information or questions, please contact Andi.

Access to Healthy Foods – Emily: The group has identified subgroups for HAA plan and the Access to Healthy Foods group will be operating similar to ArCOP and HAA. The monthly meetings will be the first Thursday of every month beginning in April from 9:00 – 11:00 am. The plan is to have the first hour similar to ArCOP-meaning TA and networking and the second hour have the teams provide updates. In between meeting times, have the workgroups meet among themselves and also provide them with homework to determine their focus. Andi stated the biggest challenge will be getting people committed to the groups but it can be done.

Access to Physical Activity through BE– Dave: The American Planning Association magazine had an article about inclusive mobility this month. This team meets monthly with HAA BE/Casey at Metro Plan and they are finalizing a survey for assessing the built environment in local communities. There is a new bike share program in Little Rock and UALR has already kicked off using bike share. In Bryant and Ft. Smith, they are in the process of completing an inclusive playground and in Maumelle; they are still working to raise money to do a playground. Vanessa is working with a park in Ft. Smith on wheel chair swings.

Meeting Minutes

Early Childhood and Schools – Amy: Encouraged team members to join HAA groups. Need to have a work team planning meeting to figure out next steps. Growing Healthy Classrooms will continue – just trying to find ways to elevate it to the next level, maybe by adding an incentive.

Worksite Wellness – Kimberly: Promoting the Billion Step Challenge which leads into the Blue and You Fitness Challenge. Focusing on Public Health week; had breastfeeding webinars for teams and next meeting for this group will be February 27. Treg Long with Cancer Society will be the guest speaker in March.

Project Updates – Katrina by email

DUFB/Mobile Market/Cooking Matters – Katrina, Jeremy and Michelle with DHS are all at a DUFB meeting in Denver.

- We won't find out about the FINI award until March.
- Mobile Market (DUFB) – Mobile Unit Sites have been changed to accommodate need. Per request of ADH management the Lake Village site has been moved to Dermott and Dumas to McGhee. We will still be going to Helena and Marianna.
- ECE Locations include:
 - **Crittenden County**
 - ASU Early Learning Center at Rosewood: 2303 E. Barton, West Memphis, Ar 72301; Capacity: 75, Ages: Preschool
 - ASU / ABC Weaver Elementary School, West Memphis; Capacity of 23, Ages: Preschool; Elementary School: 353 students, Ages: Kindergarten - 6th grade
 - ASU / ABC Wonder Elementary School, Capacity of 36, Ages: Preschool; children, Elementary School: 461 students, Ages: Kindergarten - 6th grade
 - Sarah's Quality Care is an ABC, Family Day Care Home: Capacity of 16, Ages: All
 - **St. Francis County**
 - Children Head Start: 954 Rice Street, Forrest City, Ar 72335; Capacity: 40, Ages: Preschool
 - Vhan's Child Care Center; Capacity: 38, Ages: Infant / Toddler & Preschool
- Cooking Matters
 - Completed in West Memphis, December 2017 (6 classes), Little Rock Bethel Church, January 2018 (6 classes), Mariana, January 2018 (3 classes)
 - Planned Cooking Matters Courses: West Memphis March 2018, Forrest City, March 2018, Marianna, March 2018, Helena-West Helena, April 2018

2018 Immersion Training - April 28-30 at DeGray State Park Lodge

ArCOP will offer an Immersion Training for Emerging and Blossoming GHC's with the Thriving assisting as presenters and facilitators.

If anyone wants to volunteer to help with the training, please contact Katrina.

Andi will send the draft agenda with the meeting notes.



Meeting Minutes

Locations for ArCOP meetings

ArCOP will not be able to use the auditorium or classrooms at Coop Ext without paying for them. We are in search of a meeting place with good parking and wifi for Zoom access. Please let Andi know if you have a suggestion.

Announcements

1. Next BOD Meeting Monday, March 26, 10-12pm
2. View ArCOP's Calendar to see upcoming events. <http://arkansasobesity.org/news-events/event-calendar.html>

Andi adjourned meeting

Minutes submitted by Andi Ridgway, ArCOP Chair