



Arkansas Coalition for Obesity Prevention

Coalition Meeting

October 2016



ArCOP Annual Celebration

December 1, 2016
am Registration/Networking
Benton Event Center

**Help us celebrate
as communities
across the state
make “the
healthy choice,
the easy choice!”**



Growing Healthy Community Recognition Level Application



Applications are awarded on a monthly basis to communities (neighborhoods, schools, businesses), cities, and counties. Awards will state the year and recognition level of award. In order to retain Growing Healthy Community recognition status, communities must complete and submit the application by November 30th of each calendar year.

[Complete application here.](#)

- Rolling Application
- Must apply in 2016 to be recognized
- New Application on ArCOP Website
- Deadline November 18, 2016

Multi-State 3M Summit



Arkansas Coalition for Obesity Prevention's

Mayors Mentoring Mayors

Multi-State 3M Summit

Friday, May 12th 2017
8 AM-2 PM

Arkansas Municipal League
301 W. 2nd Street
North Little Rock, AR 72114

Travel, Transportation, and Reservations
to be Arranged by ArCOP



Evening Networking Event
Thursday, May 11th 2017 TBA



MID-SOUTH TRANSDISCIPLINARY
COLLABORATIVE CENTER FOR
HEALTH DISPARITIES RESEARCH

Please contact Katrina Betancourt at
Katrina.Betancourt@arkansasobesity.org

Alabama
Arkansas
Kentucky
Louisiana
Mississippi
Tennessee

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YOUTH GROWING HEALTHY COMMUNITIES

- ❑ ArCOP will work with 19 counties in the Delta region to create a Youth GHC for high school students as part of a curriculum during school hours and after-school programs.
- ❑ Sustainability Training:
 - 1: Policy, Systems, and Environmental Change (PSE) Strategies
 - 2: Coalitions and Partnerships
 - 3: Establishing a Home for Healthy Communities Work
 - 4: Building Coalition Members' Skills
 - 5: Communication Strategies
 - 6: Social marketing Strategies
- ❑ TA for Youth GHC core team to include assistance in identifying a project that will reduce obesity in each GHC.
- ❑ Each community will be funded for a project that requires policy, system or environmental changes to create access to healthy affordable foods or increase physical activity.
- ❑ Partners: UofA Systems CES 4H, UofA Systems CES CDC, UAMS East, GDAH

Worksite Lactation Accommodations

- ❑ 10 Worksites
- ❑ Pre-Post Health ScoreCard Test
- ❑ Training held January 13, 2017
- ❑ Accommodations funded to make change for breastfeeding employees.



ArCOP HEALTHY ACTIVE ARKANSAS SUMMIT

Faulkner County Urban Farm Project



“On August 12 a group of UCA students helped us make signs for our compost bin, rain barrel, and many of the plants in the garden in order to allow people to walk through the garden and learn how to identify plants even when there is no staff person on duty.”



ArCOP HEALTHY ACTIVE ARKANSAS SUMMIT

Conway



“We had a professional development for teachers in August to show them how to incorporate school garden curriculum into their classrooms. Students will learn more about where their food comes from as well as participate in planting, watering, and harvesting the garden.”



ArCOP HEALTHY ACTIVE ARKANSAS SUMMIT

Marion County

“Volunteers conducted Cooking Matters and Cooking Matters at the Store for 6 weeks... teens course was conducted in conjunction with a day camp occurring at the school.”



ArCOP HEALTHY ACTIVE ARKANSAS SUMMIT

Tri Cycle Farms- Fayetteville



“The children were super excited and enjoyed a tasting tour of the farm where they experienced the many flavors of annual and perennial herbs, flowers and vegetables. Always a hit with the children, every tour includes feeding our best weeds to the chickens. Before they made the hike back to Asbell Elementary, the children planted a 120 sq ft bed with variety of peppers and okra in the new Farm to School Market Garden.”



ArCOP HEALTHY ACTIVE ARKANSAS SUMMIT

St. Francis County Food Pantry

“Our Organization along with Zenenvirotech created a community garden to provide fresh fruits and vegetables to citizens who do not have access or are not able to afford because of certain income restrictions. Our county is considered a food desert according to the United States Department of Agriculture. The garden was created by a variety of community adults and children.”



Future Projects

- Growing Healthy Worksites: Worksite policy, system and environmental changes in nutrition, physical activity, tobacco and lactation accommodations.
- Double Up Food Bucks at farmers markets and grocery stores.
- Nutritional Standards and Guidelines in Public Facilities

Access to Healthy Foods Team

Jeremy Adams



STRETCH YOUR
SNAP DOLLARS

Get more fruits & vegetables when
you use your **SNAP/EBT BENEFITS**
at participating farmers markets

SNAP

MAY 1 - OCT 31

**DOUBLE UP
FOOD BUCKS
ACCEPTED
HERE!**

**DOUBLE UP
FOOD BUCKS™**

Brought to you by:

Arkansas Coalition for Obesity Prevention

Access to Physical Activity through the Built Environment Team

Mechelle Winslow and Dave Roberts



**BUILT
ENVIRONMENT**

Early Childhood and Schools Team

Audra Walters and Amy Routt



Worksite Wellness

Shellie O'Quinn



Presentation

**School and Community Garden
Partnership, Scharmél Roussel with
Arkansas Interfaith Power & Light**

Announcements

- ❑ ArCOP Annual Celebration, December 1st 10-2pm at Benton Event Center
- ❑ Lactation Accommodation Training, January 13th, 10-2pm Goodwill 7400 Scott Hamilton Drive, Little Rock
- ❑ Next ArCOP Coalition Meeting Monday, January 23rd, 1-3pm at UALR Cooperative Extension Office, 2301 S. University Ave. Little Rock
- ❑ Multi-State Mayors Mentoring Mayors, May 12th 10-2pm at the Arkansas Municipal League
- ❑ View ArCOP's Calendar to see upcoming events.
<http://arkansasobesity.org/news-events/event-calendar.html>



arkansasobesity.org

