

### **Coalition Meeting**

### October 2016



#### **ArCOP Annual Celebration**

## December 1, 2016

am Registration/Networking Benton Event Center

Help us celebrate as communities across the state make "the healthy choice, the easy choice!"



## **Growing Healthy Community Recognition Level Application**



Applications are awarded on a monthly basis to communities (neighborhoods, schools, businesses), cities, and counties.

Awards will state the year and recognition level of award. In order to retain Growing Healthy Community recognition status, communities must complete and submit the application by November 30th of each calendar year.

Complete application here.

- Rolling Application
- Must apply in 2016 to be recognized
- New Application on ArCOP Website
- Deadline November 18, 2016

#### **Multi-State 3M Summit**



Multi-State 3M Summit Friday, May 12th 2017 8 AM-2 PM Arkansas

Arkansas Municipal League 301 W. 2nd Street North Little Rock, AR 72114

Travel, Transportation, and Reservations to be Arranged by ArCOP

> **Evening Networking Event** Thursday, May 11th 2017 TBA

MID-SOUTH TRANSDISCIPLINARY COLLABORATIVE CENTER FOR

Please contact Katrina Betancourt at Katrina.Betancourt@arkansasobesity.org

Alabama Arkansas Kentucky Louisiana Mississippi

Louisiana

Kentucky

Mississippi



#### YOUTH GROWING HEALTHY COMMUNITIES

- ArCOP will work with 19 counties in the Delta region to create a Youth GHC for high school students as part of a curriculum during school hours and after-school programs.
- ☐ Sustainability Training:
  - 1: Policy, Systems, and Environmental Change (PSE) Strategies
  - 2: Coalitions and Partnerships
  - 3: Establishing a Home for Healthy Communities Work
  - 4: Building Coalition Members' Skills
  - 5: Communication Strategies
  - 6: Social marketing Strategies
- TA for Youth GHC core team to include assistance in identifying a project that will reduce obesity in each GHC.
- Each community will be funded for a project that requires policy, system or environmental changes to create access to healthy affordable foods or increase physical activity.
- Partners: UofA Systems CES 4H, UofA Systems CES CDC, UAMS East, GDAH

#### **Worksite Lactation Accommodations**

- 10 Worksites
- ☐ Pre-Post Health ScoreCard Test
- ☐ Training held January 13, 2017
- Accommodations funded to make change for

breastfeeding employees.

## ArCOP HEALTHY ACTIVE ARKANSAS SUMMIT Faulkner County Urban Farm Project





"On August 12 a group of UCA students helped us make signs for our compost bin, rain barrel, and many of the plants in the garden in order to allow people to walk through the garden and learn how to identify plants even when there is no staff person on duty."





# ArCOP HEALTHY ACTIVE ARKANSAS SUMMIT Conway



"We had a professional development for teachers in August to show them how to incorporate school garden curriculum into their classrooms. Students will learn more about where their food comes from as well as participate in planting, watering, and harvesting the garden."



# ArCOP HEALTHY ACTIVE ARKANSAS SUMMIT Marion County

"Volunteers conducted Cooking Matters and Cooking Matters at the Store for 6 weeks...
teens course was conducted in conjunction with a day camp occurring at the school."



# ArCOP HEALTHY ACTIVE ARKANSAS SUMMIT Tri Cycle Farms- Fayetteville



"The children were super excited and enjoyed a tasting tour of the farm where they experienced the many flavors of annual and perennial herbs, flowers and vegetables. Always a hit with the children, every tour includes feeding our best weeds to the chickens. Before they made the hike back to Asbell Elementary, he children planted a 120 sq ft bed with variety of peppers and okra in the new Farm to School Market Garden."



# ArCOP HEALTHY ACTIVE ARKANSAS SUMMIT St. Francis County Food Pantry

"Our Organization along with Zenenvirotech created a community garden to provide fresh fruits and vegetables to citizens who do not have access or are not able to afford because of certain income restrictions. Our county is considered a food desert according to the United States Department of Agriculture. The garden was created by a variety of community adults and children."

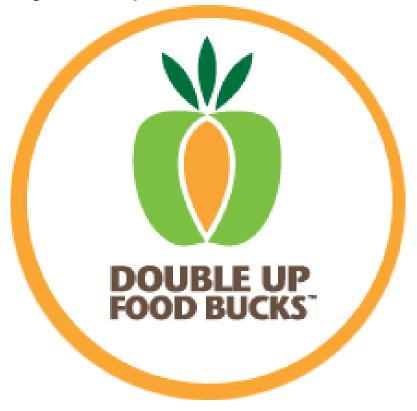


#### **Future Projects**

- Growing Healthy Worksites: Worksite policy, system and environmental changes in nutrition, physical activity, tobacco and lactation accommodations.
- Double Up Food Bucks at farmers markets and grocery stores.
- Nutritional Standards and Guidelines in Public Facilities

### **Access to Healthy Foods Team**

Jeremy Adams







## Access to Physical Activity through the Built Environment Team

Mechelle Winslow and Dave Roberts



### Early Childhood and Schools Team

Audra Walters and Amy Routt



#### **Worksite Wellness**

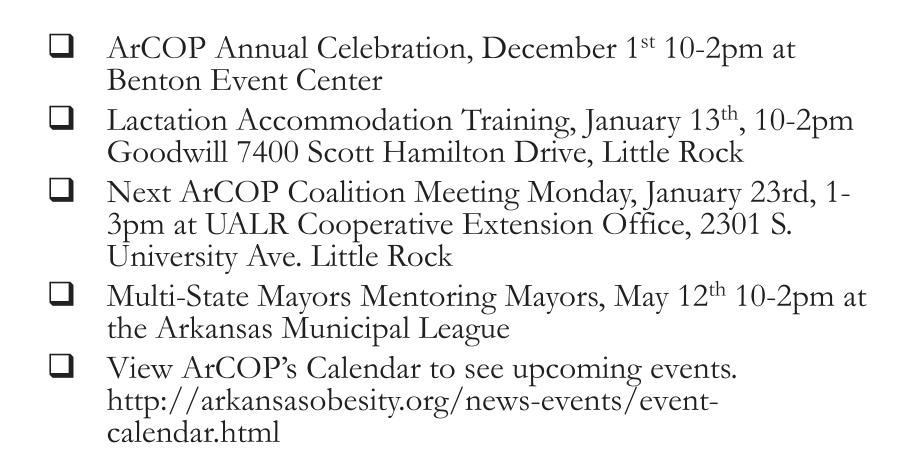
## Shellie O'Quinn



#### Presentation

School and Community Garden
Partnership, Scharmel Roussel with
Arkansas Interfaith Power & Light

#### **Announcements**





## arkansasobesity.org

